



## HEALTHCARE SCIENCE

**COURSE:** 25.561 Nursing Essentials

**UNIT:** 6.1 Life Changes



## INTRODUCTION

---

**Annotation:**

In this unit students will apply academic subject materials related to the geriatric population growth and development. The emotional, physical, social and mental needs will be discussed. Myths of the aging will also be discussed.

**Grade(s):**

<input type="checkbox"/>	9 <sup>th</sup>
<input type="checkbox"/>	10 <sup>th</sup>
<input checked="" type="checkbox"/>	11 <sup>th</sup>
<input checked="" type="checkbox"/>	12 <sup>th</sup>

**Time:**

Three 50 minute periods

**Author:**

- Pat Rutherford, RN EdS
- Libbye Sills, RN

**Additional Author(s):**

**Students with Disabilities:**

For students with disabilities, the instructor should refer to the student's IEP to be sure that the accommodations specified are being provided. Instructors should also familiarize themselves with the provisions of Behavior Intervention Plans that may be part of a student's IEP. Frequent consultation with a student's special education instructor will be beneficial in providing appropriate differentiation.



## FOCUS STANDARDS

---

### **GPS Focus Standards:**

#### **HS-NE-1:**

**The student will apply the academic subject matter required for proficiency as a nursing assistant.**

- a. Apply the philosophy of restorative/rehabilitative care when meeting needs.
- b. Apply knowledge of human growth and development for the elderly.
- c. Describes the physical, social, and emotional changes that occur in the elderly and chronically ill.
- d. Respect and advocate the resident/patient/client rights.
- e. Describe the special needs of residents of patients with disabilities, including physical limitations, mental and emotional conditions, as well as dementias.

### **GPS Academic Standards:**

### **National / Local Standards / Industry / ISTE:**



## UNDERSTANDINGS & GOALS

---

### **Enduring Understandings:**

- Apply knowledge of human growth and development when caring for the elderly population.
- Demonstrate respect for the elderly population

### **Essential Questions:**

- What is the aging population?
- What problems can develop related to aging?

### **Knowledge from this Unit:**

- Define elderly
- Identify social, mental, physical needs of the elderly
- Understand and demonstrate the need to be patience with the elderly population.

### **Skills from this Unit:**



## ASSESSMENT(S)

---

### Assessment Method Type:

- ☐ Pre-test
- ☒ Objective assessment - multiple-choice, true- false, etc.
  - ☒ Quizzes/Tests
  - ☐ Unit test
- ☒ Group project
- ☐ Individual project
- ☐ Self-assessment - May include practice quizzes, games, simulations, checklists, etc.
  - ☐ Self-check rubrics
  - ☐ Self-check during writing/planning process
  - ☐ Journal reflections on concepts, personal experiences and impact on one's life
  - ☐ Reflect on evaluations of work from teachers, business partners, and competition judges
  - ☐ Academic prompts
  - ☐ Practice quizzes/tests
- ☐ Subjective assessment/Informal observations
  - ☐ Essay tests
  - ☐ Observe students working with partners
  - ☐ Observe students role playing
- ☐ Peer-assessment
  - ☐ Peer editing & commentary of products/projects/presentations using rubrics
  - ☐ Peer editing and/or critiquing
- ☐ Dialogue and Discussion
  - ☐ Student/teacher conferences
  - ☐ Partner and small group discussions
  - ☐ Whole group discussions
  - ☐ Interaction with/feedback from community members/speakers and business partners
- ☐ Constructed Responses
  - ☐ Chart good reading/writing/listening/speaking habits
  - ☐ Application of skills to real-life situations/scenarios
- ☐ Post-test

### Assessment(s) Title:

Life Changes Elderly Test

### Assessment(s) Description/Directions:

Directions on the true false test instruct the student to write true or false. Only the letter on the answer sheet of the true false test due to space and you may need to adjust the directions on the test.

### Attachments for Assessment(s):



## LEARNING EXPERIENCES

---

### Sequence of Instruction

**1. Identify the Standards. Standards should be posted in the classroom for each lesson.**

HS-NE-1: The student will apply the academic subject matter required for proficiency as a nursing assistant.

**2. Review Essential Questions.**

- What is the aging population?
- What problems can develop related to aging?

**3. Identify and review the unit vocabulary.**

**4. Assessment Activity.**

- Present the multimedia “Myths of Aging” teacher notes, have students take notes on the handout provided.
- May review the notes from Growth and Development related to the older adult.
- Divide the students into small groups; distribute the skit guidelines and rubric. (To save paper, you may copy on front and back to make one handout).
- Allow 30 minutes to develop and rehearse skits. Time may be adjusted as needed.
- Present the skits.
- Review for the test by asking questions from the notes and or test questions.
- Give the test and grade.

### Attachments for Learning Experiences:

### Notes & Reflections:

Please refer back to the Intro Life Changes, there is an outline included that refers to the growth and development of the older adult.



## CULMINATING PERFORMANCE TASK (Optional)

---

### Culminating Unit Performance Task Title:

Skit: Demonstrating compassion and or patience with the elderly.

**Culminating Unit Performance Task Description/Directions/Differentiated:**

Directions are written on the guidelines.

**Attachments for Culminating Performance Task:**

Elderly Needs Rubric Skit



## UNIT RESOURCES

---

**Web Resources:**

- <http://nursingassistantcentral.com> a web resource for nursing assistants.

**Attachment(s):****Materials & Equipment:****What 21st Century Technology was used in this unit:**

<input type="checkbox"/>	Slide Show Software	<input type="checkbox"/>	Graphing Software	<input type="checkbox"/>	Audio File(s)
<input type="checkbox"/>	Interactive Whiteboard	<input type="checkbox"/>	Calculator	<input type="checkbox"/>	Graphic Organizer
<input type="checkbox"/>	Student Response System	<input type="checkbox"/>	Desktop Publishing	<input type="checkbox"/>	Image File(s)
<input type="checkbox"/>	Web Design Software	<input type="checkbox"/>	Blog	<input type="checkbox"/>	Video
<input type="checkbox"/>	Animation Software	<input type="checkbox"/>	Wiki	<input type="checkbox"/>	Electronic Game or Puzzle Maker
<input type="checkbox"/>	Email	<input checked="" type="checkbox"/>	Website		